

## COFFEE

lotus blend fair trade organic	reg	lrg
cappuccino, flat white, latte, long black	4.0	4.8
golden latte	4.9	
turmeric & cinnamon, anti inflammatory beverage		
matcha latte	4.9	
powerful green tea high in antioxidants		
short black, macchiato	3.3	
long macchiato, piccolo latte	3.5	
hot chocolate, chai latte, mocha	4.5	4.9
affogato	6.5	
double espresso & vanilla bean ice cream		
extras	0.6	
bonsoy, almond milk, decaf, double shot, syrups (vanilla, caramel, hazelnut)		

## TEAS

<b>organic english breakfast</b>	all 4.5
blend of leaves from india and ceylon with strong flavours	
<b>french earl grey</b>	
black with bergamot, apricot, mango, cornflour & rose flower	
<b>japanese lime</b>	
green tea with lemon pieces, lime & limegrass	
<b>organic ginger kiss</b>	
zesty lemongrass & rosella	
<b>organic camomile</b>	
naturally sweet & relaxing with apple scented foliage	
<b>liquorice &amp; peppermint organic</b>	
sweet & deliciously refreshing	
<b>detox &amp; cleanse</b>	
for body & soul. dandelion root, ginger, calendula flowers, nettle, spearmint, red clover, lemongrass, hibiscus & elderflowers	
<b>organic punjabi chai</b>	4.9
dried citrus peel, rose petals, almond, cloves & vanilla	

## ICE BLENDS

<b>bali dream</b>	all 8.9
mango, orange & passionfruit	
<b>sarong</b>	
mixed berry & apple	
<b>summer rise</b>	
watermelon, lychee & mint	

## COLD BREW

<b>serious deliria</b>	6.0
served black or white	

## SMOOTHIES

<b>superfood raw</b>	all 8.9
cucumber, spinach, celery, orange, coconut water	
<b>sunrise</b>	
mango, passionfruit, yoghurt, honey, ice cream	
<b>daydreamer</b>	
banana, dates, cinnamon, yoghurt, honey, ice cream	
<b>very berry</b>	
mixed berry, apple, mint, yoghurt, ice cream	
<b>splice</b>	
lime, coconut, ice cream	
<b>snickers</b>	
chocolate, caramel, peanuts, ice cream	
<b>crème brulee</b>	
coffee, caramel, white chocolate	

## FRESH SQUEEZED JUICE

<b>green juice</b>	all 8.9
cucumber, kale, celery, apple & lemon	
<b>rise &amp; shine</b>	
watermelon, orange & apple	
<b>heart blast</b>	
carrot, orange, ginger & lemon	
<b>tickled pink</b>	
apple, watermelon & mint	
<b>ginger snap</b>	
pineapple, orange & ginger	

## MILK BAR

<b>milkshakes</b>	6.5	<b>thickshakes</b>	7.9
chocolate, strawberry, vanilla, caramel, salted caramel			
<b>iced coffee</b> double espresso			6.8
<b>iced chocolate</b>			6.5
<b>kids milkshakes / juice</b>			4.5
<b>babycino</b>			2.0

## FIZZ

<b>coke, coke zero, diet coke, lift, sprite, ginger beer</b>	4.7		
<b>lemon, lime &amp; bitters</b>	4.7		
<b>san pellegrino sparkling mineral water</b>			
500ml	5.0	750ml	7.5

## KOMBUCHA

<b>dark and stormy</b> ginger beer	4.9
<b>slow sunrise</b> lychee, pineapple & lime	4.9
<b>by the pool</b> passionfruit	4.9
<b>on the beach</b> pineapple & coconut	4.9