

AVAILABLE FOR DINE IN & TAKEAWAY

# LOTUS LIQUIDS

## COFFEE

lotus blend fair trade organic

	reg	lrg
cappuccino, flat white, latte, long black	4.2	4.8
golden latte	4.9	
turmeric & cinnamon, anti inflammatory beverage	4.9	
matcha latte	4.9	
powerful green tea high in antioxidants		
short black, macchiato	3.3	
long macchiato, piccolo latte	3.8	
hot chocolate, chai latte, mocha	4.5	4.9
affogato	6.5	
double espresso & vanilla bean ice cream		
extras		
bonsoy, almond milk, lactose free,	0.8	
decaf, double shot, syrups (vanilla,	0.6	
caramel, hazelnut)	0.6	

## TEAS

**organic english breakfast** all 4.5

blend of leaves from india and ceylon with strong flavours

**french earl grey**

black with bergamot, apricot, mango, cornflour & rose flower

**lemon myrtle**

lemon, lime & lemongrass harvested in NSW

**organic camomile**

naturally sweet & relaxing with apple scented foliage

**liquorice & peppermint organic**

sweet & deliciously refreshing

**detox & cleanse**

for body & soul. dandelion root, ginger, calendula flowers, nettle, spearmint, red clover, lemongrass, hibiscus & elderflowers

**organic sencha green tea**

traditional tea of japan - lift your spirits day or night

**stockholm organic**

black tea with fruity & floral flavours

**organic punjabi chai**

dried citrus peel, rose petals, almond, cloves & vanilla 4.9

## ICE BLENDS

**bali dream**

mango, orange & passionfruit all 8.9

**sarong**

mixed berry & apple

**summer rise**

watermelon, lychee & mint

## COLD BREW

**serious deliria**

served black or white 6.5

## SMOOTHIES

**superfood raw** all 8.9

cucumber, spinach, celery, orange, coconut water

**sunrise**

mango, passionfruit, yoghurt, honey, ice cream

**daydreamer**

banana, dates, cinnamon, yoghurt, honey, ice cream

**very berry**

mixed berry, apple, mint, yoghurt, ice cream

**splice**

lime, coconut, ice cream

**snickers**

chocolate, caramel, peanuts, ice cream

**crème brulee**

coffee, caramel, white chocolate

## FRESH SQUEEZED JUICE

**green juice** all 8.9

cucumber, kale, celery, apple & lemon

**rise & shine**

watermelon, orange & apple

**heart blast**

carrot, orange, ginger & lemon

**tickled pink**

apple, watermelon & mint

**ginger snap**

pineapple, orange & ginger

## MILK BAR

**milkshakes** 6.5 **thickshakes** 8.9

chocolate, strawberry, vanilla, caramel, salted caramel

**iced coffee** double espresso 6.9

**iced chocolate** 6.7

**kids milkshakes / juice** 4.5

**babycino** 2.0

## FIZZ

**coke, coke zero, diet coke, lift, sprite, ginger beer** 4.7

**lemon, lime & bitters** 4.7

**san pellegrino sparkling mineral water**

500ml 5.9 750ml 7.5

**kombucha**

**dark and stormy ginger beer** 6.5

**slow sunrise** lychee, pineapple & lime 6.5

**by the pool** passionfruit 6.5